

# t R i B e

## Spa

## SPA BRUNCH MENU

Please note that this menu changes daily, reflecting the fresh, local ingredients used and may look different upon your visit.

### FROM THE ISLAND

Please help yourself to the below:

Fresh Juices | Infused Waters  
Superfoods | Artisan Breads | Oils

Vinegars | Grains | Seeds

### FROM THE KITCHEN

All items are cooked fresh to order, please be considerate of waiting times during busier periods:

#### KEDGEREE

Smoked Salmon | Curry Oil | Curry Infused Basmati | Poached Hens' Egg

#### THE LANELAY GRILL

Pork Sausage | Bacon | Miskin Eggs | Black Pudding | Field Mushroom | Tomato | Beans | Sourdough

#### THE VEGAN GRILL

'Facon' | Field Mushroom | Vine Tomato | Beans | Sourdough

#### EGGS BENEDICT

English Muffin | Hollandaise | Miskin Eggs | Roasted Ham

#### EGGS FLORENTINE

English Muffin | Hollandaise | Miskin Eggs | Spinach

#### EGGS ROYALE

English Muffin | Hollandaise | Miskin Eggs | Severn & Wye Smoked Salmon

#### SAUTÉED MUSHROOMS & SPINACH

Chestnut Mushrooms | Spinach | Chive | Sourdough | Poached Hens' Egg

#### CHORIZO HASH

Chorizo | Sautéed Potatoes | Spinach | Wholegrain Mustard | Fried Hens' Eggs

Our food is lovingly prepared in house in an environment where allergens are present. If you have any food allergies or dietary requirements please let a member of the team aware, who will be happy to help. We will take every reasonable precaution when preparing your food however there is the risk of potential foods containing slight traces of allergens in our kitchen.